

Premier Beauty

PRICE LIST

Alison McCreddie

- *Aesthetics*
- *Beauty*



PREMIER *Beauty*

Bringing Balance to

*Mind
Body
and
Soul*

Aesthetics

*Carried out with
a Holistic touch*



A bit about me:

Welcome to Premier Beauty, where your beauty therapy is more than a treatment – it is your special time for pampering luxury!

I'm Alison McCreadie, a highly experienced and fully insured beauty therapist as well as your expert guide to achieving your beauty goals. With over 25 years of industry expertise, I am absolutely passionate about providing you with a professional service that exceeds your expectations.

I earned my HND in Beauty Therapy in 2000 and immediately began my journey as a Beauty Therapist, in a prestigious Hotel spa. Eventually, I took on the role of spa manager, ensuring exceptional standards across all operations. Driven by my passion for beauty and helping others, I decided to embark on a new adventure in 2006 and founded Premier Beauty. Since then I've loved being able to help hundreds of women, to achieve their beauty goals and I am fortunate to have many long-term clients from various walks of life, who know that they can rely on me for a wide range of beauty treatments and services.

At Premier Beauty, I believe that consultation is key. Your unique needs and preferences are at the forefront of every treatment. I tailor bespoke treatments that address your specific concerns effectively and I take pride in making my services inclusive and accessible to all.

To ensure your complete satisfaction, I offer a complimentary 10-minute consultation to both new and existing clients. This no-obligation session allows us to delve into your beauty needs, discuss your goals, and determine the best treatments for you. Whether you prefer an in-person consultation at my tranquil salon or the convenience of a Zoom call, I am here to accommodate your preferences, at all times.

Contact me to arrange your consultation (in person or via Zoom) and let's start the journey, to an even more beautiful you!



But Premier Beauty isn't just about offering exceptional services; it's also about making a positive impact in the community. When I'm not pampering clients, you can find me taking part in charity events and lending a helping hand in the local community. I believe in giving back and making a difference. In my personal life, I find solace and joy in nature. Loch Lomond is my favourite place, especially when I'm out on my paddle-board, embracing the serenity of the water. I'm also a proud mum to Nicole and Lola, my adorable Chihuahua companion. Thank you for taking the time to browse through my brochure. I genuinely care about your beauty journey and look forward to welcoming you to Premier Beauty. Contact me to arrange your consultation (in person or via Zoom) and let's start the journey to an even more beautiful you.

Client Testimonials

“ I had the most amazing treatment session with the wonderful Alison. The lava shell massage was out of this world, the bespoke facial left my skin with a brilliant glow and looked amazing for days after and I finished it all off with a B12 injection, something I am going to keep up after feeling the benefit. Having Lola in was the cherry on the cake. ”

Laura , Founder of Glasgow girl club.

“ My name is Lynsey, I'm from Newarthill, Lanarkshire and I'm a Civil Servant. I've been going to Alison for treatments now for just over 10 years. It took me a long time to find someone to carry out my treatments that I trusted and felt comfortable with. Alison makes me feel welcome. I've had several treatments with Alison from waxing to HD brows as well as non surgical peels, all of which I would highly recommend. All treatments were discussed and the processes explained before hand. ”

Lynsey , Civil Servant.

“ Recently had the pleasure of receiving treatment by Alison. Her professionalism, practice and attitude was excellent throughout- not to mention continued aftercare follow up. Advanced treatments outstanding, definitely recommend! ”

Joanne, Aesthetic Practitioner, Wishaw.

“ Wow.. what an amazing treatment! I had the luxury Thalgo Derma planing facial with LED light therapy and my skin has never looked or felt better. Everyone has been commenting on how my skin is glowing. Definitely recommended! ”

Jennifer, Nail Technician, Wishaw

“ I've been with Alison for 15 years now and wouldn't go anywhere else. Each time I visit I leave fully satisfied with my treatments from waxing, lashes, brows and manicure. She always works to time and makes my time 'me' time as she never rushes, always listens and has given me some good advice over the years. Although she works from home, her treatment room is very much a special, warm and professional space. ”

Jackie, Accounts Manager, Motherwell.

“ I'm Margaret, a nurse who lives in Wishaw. Alison my beautician never ceases to astound me with her knowledge & ability to translate to me about her treatments and how they will benefit me as an individual. She has a very personal touch & is very informative on how to maintain my regime. She is very enthusiastic about new products that are available. Our relationship will last the rest of my lifetime and Thalgo products will support me during my journey. She is simply the best! ”

Margaret , NHS Nurse.

Hand on Heart



BETTER ABILITY TO
TOLERATE CANCER TREATMENT
AND SIDE EFFECTS

LESS CHEMOTHERAPY-INDUCED
PERIPHERAL NEUROPATHY
(NUMBNESS)

LESS CHRONIC PAIN
EITHER FROM THE CANCER
ITSELF OR TREATMENT



CANCER/LIGHT TOUCH THERAPY MASSAGE

Is a form of
non-invasive, compassionate
touch therapy.



BETTER SLEEP
FEWER HEADACHES

REDUCTION IN
CHEMOTHERAPY-RELATED
NAUSEA

LESS STRESS AND ANXIETY
RE-ESTABLISH A
POSITIVE BODY IMAGE

A gentle caring touch when it's needed most

Cancer/Light touch therapy can slow down the mind and aid relaxation, bringing harmony to mind, body and soul. This encourages a feeling of well being, using "Made for Life" organic skin care and oils to nourish and soothe.

***BOOK A COMPLIMENTARY CONSULTATION.**

Intra Muscular Injections



BIOTIN

REDUCE HAIR LOSS
STRENGTHEN NAILS
MAINTAIN HEALTHY HEART
HEALTHY LOOKING SKIN
BLOOD SUGAR LEVELS



VITAMIN B12

INCREASE ENERGY LEVELS
REDUCE FATIGUE & TIREDNESS
PROMOTES A DEEPER SLEEP
HELPS MAINTAIN IMMUNITY
PROMOTES HEALTHY MOODS
MAINTAIN MENTAL CLARITY



VITAMIN C

ABSORBED BETTER THAN
ORAL SUPPLEMENTS.
SENSITIVE ON STOMACH
GIVES YOU MORE ENERGY.
BOOSTS THE IMMUNE SYSTEM.
REDUCES FATIGUE.

Biotin is also known as vitamin H and is part of the B-complex group of vitamins, which are vital nutrients for your body. Biotin can help with hair loss that is caused by biotin deficiency, while Biotin deficiency can also make your nails dry and brittle. Biotin injections will solve these, along with improving your heart, skin and blood sugar levels.

Vitamin B12

A Vitamin B12 injection can provide multiple health benefits and makes you feel great instantly.

Vitamin C Helps maintain good health and is known to be beneficial in acting as an antioxidant. It can treat many conditions such as the common cold, cataracts, Low iron status and heart disease.

Skin Tag Wart and Mole Removal



**SKIN TAG
REMOVAL**



**WART
REMOVAL**

*30min Sessions
* Moles GP referral



**MOLE
REMOVAL**

Do you have a skin tag that you have always wanted removed?

They are made of loose collagen fibres and blood vessels surrounded by skin and can look like warts or raised bumps. Although skin tags are common they are completely harmless and they do not usually cause any pain or discomfort. However, they can lower your self-esteem and become irritating.

Book in for a Skin tag, Wart or Mole removal today!

NO TIME FOR
REGULAR FACIALS
AND CONSISTENT
SKIN CARE

NEED A LOW
MAINTENANCE
QUICK FIX

THIS IS FOR YOU



Skin Boosters

UP TO 75% HYALURONIC ACID

The Internal Moisturiser

BENEFITS

- Intense Hyaluronic Acid Hydration.
- Firming / Toning.
- Anti Ageing.
- Improves texture and Acne.
- Scaring.
- Brightening.

TREAT

- Face
- Neck
- Decollete
- Hands
- Arms

Fat Dissolving

WHAT IS MESO-LIPOLYSIS?



TARGET

DOUBLE - CHIN
LOVE HANDLES
ABDOMEN
INNER & OUTER THIGHS
UNDER ARMS



FAT DISSOLVING

WITH AQUALYX
AMAZING RESULTS
IN JUST 4-6 WEEKS



TREATMENT

Two to Six sessions
4-6 weeks apart
are recommended
for best results

Meso-Lipolysis refers to the fat dissolving therapy using sodium deoxycholate solution.

Not all the fat we have on our bodies will respond well to diet or exercise. This is often called stubborn fat, help target these problem areas with our fat dissolving injections.

The fat dissolver is injected under the skin directly into the fat layer with a special needle or cannula. The procedure is carried out under local anaesthetic. The solution will dissolve the fat cells, which then undergo degradation and absorption by the body over several weeks.

Hydra Facial



Water Based Dermabrasion - The hydro dermabrasion treatment uses water jets to even out congested, blemished, Dull and discoloured skin. With the help of a diamond-tipped wand, the esthetician performs a vacuum massage that simultaneously exfoliates and hydrates the face.



Ultra Sonic Scrubber -The skin scrubber utilizes ultrasound technology to gently exfoliate the skin of dead skin cells and impurities. Ultrasonic waves help loosen and remove oil, dirt and cellular debris from pores in order to achieve a noticeably radiant, healthy glow.



Ultra Sonic Hammer - The Ultrasonic Machine sends a stream of high speed ultrasonic vibrations into the skin, scientifically designed to remove imperfections leaving skin soft and smooth. The Hot/Cold Hammer introduces products into the skin by opening and closing pores.



Radio Frequency - Radio frequency skin tightening, or RF treatment, is a non-invasive procedure that some doctors do in their office. I will use a wand that is connected to a machine that creates radio waves. I will pass the wand over your body to apply radio waves to your skin.



Cold Hammer - The Hot/Cold Hammer introduces products into the skin by opening and closing pores and has a firming and tightening effect.



Oxygen Therapy - This can help skin look bright and plump while calming any acne. Oxygen is known to accelerate wound healing and may also kill certain bacteria. This is why places with low levels of oxygen, such as airplanes, can cause skin issues.

* CHOOSE YOUR OWN INDIVIDUAL COMBINATIONS TO CREATE YOUR VERY OWN CUSTOMISED TREATMENT PACKAGE

Request Pet Therapy



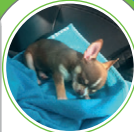
LOLA

REDUCE STRESS
LOWER BLOOD PRESSURE
CALMING EFFECT
REDUCE HEART RATE
COMPANIONSHIP



PET THERAPY

*complimentary
service*



LOLA

REDUCE ANXIETY
POSITIVE IMPACT ON
PHYSIOLOGY & PSYCHOLOGY
PROMOTES HEALTHY MOODS
IMPROVE MENTAL HEALTH

Lola is a 10-year old, 3lbs Teacup Chihuahua companion.

Extensive research has shown that the presence of a dog can have a positive impact on physiology and psychology and so help to reduce stress levels. Stroking a pet has been shown to lower blood pressure and the heart rate, blood pressure and the heart rate, bringing a calming effect.

In many ways, pets can help us to live mentally healthier lives.

Who can resist wee Lola





*Wellbeing
from the
inside
out*

PREMIER *Beauty*



Red Carpet Facials

Results based skin care - For Face, Neck, Decollete & Hands

40% Glycolic Peel

(Mild)



This treatment is used to remove the outermost layer of the skin and a benefit of having a skin peel, is that it creates a light exfoliating effect on the skin, improving texture and tone, while lightening & brightening the skin. It can also reduce the appearance of hyper pigmentation and acne scarring over time.

Bio Re-peel or Pepper Mint Peel Intense

(Mid)



Provides a bio-stimulating, revitalising and peeling action. Due to its exfoliating and keratolytic action, it promotes skin cell turnover with 14 active ingredients and profound stimulation, to counter the effects of skin ageing & acne scarring.

35% TCA Peel

(Deeper)



Highly effective Mesoesthetic Self-neutralizing trichloroacetic acid (TCA) 35% peel, that gradually penetrates the skin to treat moderate to severe skin aging. Ideal for deep acne scars, Sun damage, Fine lines or wrinkled skin.

Resurfacing Facial A highly effective facial treatment, combining Anti - Ageing and rejuvenating Micro - needling with a Chemical peel and complimented with custom skin care.



Super Charged Facial

- 3 Facial Treatments in 1
- Works Deeper Into the Dermis Layer of the Skin.
- The Ideal Blend of Results and Relaxation.
- Low Maintenance.

Select One treatment from each of the categories below to create your own bespoke treatment.

Categories	Treatment Options
1 Resurface	Hydra Facial - Elements or Derma - Planing or Chemical peel
2 Re- Mineralise	Hydra Facial - Elements or Meso Therapy or Derma - Roller
3 Repair & Rejuvenate	Hydra Facial Elements or Thaglo Spa Facial

PREMIER Beauty

PRICE LIST



- Special Occasions
- Block Bookings
- Product Purchase
- Gift Vouchers

Spread the Cost | Shop Now | Pay Later

All made easy with



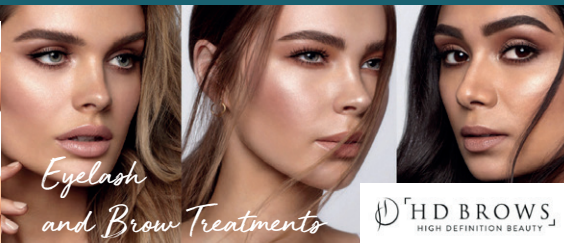
Klarna.
Smooth Shopping



Waxing

A temporary method of hair removal which is quick and long lasting for 4-6 weeks. Tea Tree Cream Wax is used for all our waxing treatments, ideal for sensitive skin and a natural antiseptic to help prevent ingrown hairs.

- Eyebrow
- Lip or Chin
- Lip & Chin
- Under Arm
- Full Arm
- Gent's Back Wax
- Gent's Chest Wax
- 1/2 Leg
- Full Leg
- Basic Bikini
- Brazilian
- Playboy
- Hollywood



Eyelash and Brow Treatments

HD BROWS
HIGH DEFINITION BEAUTY

HD BROWS

HD Brows is a bespoke eyebrow treatment that is totally tailored to you – not a brow stencil in sight. It's so much more than a standard eyebrow tint and wax. As an expert brow stylist, I combine a unique design formula with custom-blended colour, hair removal and make up application for brows that suit you. I will work with you to create your perfect look, whether you wish to tame bushy brows or regrow overplucked eyebrows.

Eyebrow Wax A quick and gentle procedure that removes unwanted hair from the eyebrows to define their shape.

Eyebrow Tint The process of applying semi-permanent dye to enhance, shape, darken, and define your brows.

Eyelash Tint A semi-permanent beauty treatment that involves applying dye to natural eyelashes to make them appear darker, fuller, and longer.

BROW LAMINATION

The Microblading alternative, fills in gaps in brows and gives them the illusion of fullness and growth in a fast, noninvasive way. Takes your unruly or thinning brow hair and smoothes it out while also lifting the hair in a more vertical direction.

Lamination

INTRODUCING THE LASH BOMB

EYE LASH LIFTING

Lash bomb Lash Lift is an innovative method of giving the illusion the natural lashes are longer and have more volume using formulations and products made in the UK. The eyes are the focal point of any face and enhancing the natural eyelashes giving them an amazing lift and tint is a striking way to make the most of what we were born with – natural beauty! *48hr patch test required.





Menopause Massage

All natural treatment specifically designed to ease the symptoms of menopause.

"A Three Prong Approach"

Custom blended aromatherapy oils.

Acupressure massage point stimulation.

Swedish style massage tailored to individual symptoms and needs.

LED Light Therapy

AMBER LIGHT THERAPY:

This is ideal for sensitive skin, due to its calming and soothing properties. Amber light therapy helps to flush waste from the skin, boost lymphatic flow and increase cellular growth.

RED LIGHT THERAPY - COLLAGEN / ANTI-AGEING

This can be used to treat many skin problems from psoriasis to acne, wrinkles and more.

BLUE LIGHT THERAPY - PURIFYING / ANTIBACTERIAL

Blue light therapy uses light in the blue wavelength range to kill the bacteria *Propionibacterium acnes*, or *P. acnes*, on the skin.

* Available with all facial therapies.

Dermaplaning

Signature Derma-Planing

Includes a Thalgo signature facial treatment.

- Manual exfoliation technique
- Removed surface debris with custom dermaplaning blade

BENEFITS OF DERMAPLANING:

- Increase absorption of topical products
- Immediately diminishes the appearance of fine lines and wrinkles
- Primes skin for chemical peel
- Creates healthier, more radiant appearance

PEACH
FUZZ &
DEAD SKIN
CELLS
GONE!





Spa Facials

Thalgo non-surgical Eye Treatment

This luxurious facial concentrates on the eye contours. Benefits include anti-wrinkle, anti-puffiness and anti-dark circles. Refreshes tired, dehydrated eyes with instant results!

Discovery Facial

The perfect express facial if you're on the go, tailored to your skin type. Featuring Thalgo's signature Discovery of the Sea welcome massage, unique brush cleanse and exfoliation, a soothing massage and an application of a skin-specific mask, moisturiser and eye cream, you will feel refreshed and relaxed, with beautifully glowing skin.

Illuminating Radiance Facial

Reveal your skin's beauty and radiance in just 30 minutes! The Discovery of the Sea welcome massage, cleanse and exfoliation are followed by a radiance-boosting mask and energising digitopressure massage to help the active ingredients penetrate. An application of Absolute Radiance Concentrate and Hydra-Marine Gel-Balm, leaves the complexion fresh and glowing with radiance.

Thalgo Tailored For Men

This high-tech, relaxing facial for stressed male skin combines energising marine active ingredients, with soothing massage movements to ensure exceptional results. The facial begins with a relaxing back massage and is followed by a deep cleanse and exfoliation on the face and neck, with an application of Algue Bleue Vitale Extract to revitalise the skin. A shoulder, neck and scalp massage relieves any remaining tension, and the skin is left looking brighter with all signs of stress and fatigue erased.

Premier Signature Spa Facial

Featuring Thalgo's signature Discovery of the Sea welcome massage, unique brush cleanse and exfoliation, a soothing massage and an application of a skin-specific mask, moisturiser and eye cream, you will feel refreshed and relaxed with beautifully glowing skin.

Spiruline Boost Smoothing Defoxifying treatment

Fights the first signs of ageing associated with urban lifestyle . Pollution, tiredness and stress. A Marine shot for urban skin . Smoothes and detoxes skin , refreshes the complexion. Oxygenating adding a youthful glow to the skin.

M-CEUTIC Chemical Peel Rénovation Radicale

This dermatologically certified cosmeceutical treatment features innovative patented ingredients to refine pores and skin texture, and treat all types of skin irregularities such as pigmentation, acne scarring and blemishes. A double cleanse prepares the skin for the professional peel, combining salicylic, malic and ascorbic acids to regenerate, renew and resurface the skin. A facial massage and application of a serum-mask, cream-serum and SPF resurface, exfoliate and smooth. Recommended as a course of 2-4 treatments (note Sunscreen SPF50 must be used throughout the course).

Hyalu-Procollagene Filler treatment

Wrinkle by wrinkle treatment using Hyalu / Pro-collagen complex with the latest THALGO roller boosters, for visible results from the very first treatment. 1st marine filler specialist, combining 3 hyaluronic acids and pro-collagen, to instantly plump the skin. Provides visibly smooth wrinkles and reduces fine lines and fill-in wrinkles.

Silicium Marin Super Lift Facial

This lifting facial is designed to combat all the signs of ageing to leave your skin firmer, younger-looking and glowing. Relax and let yourself be immersed in an aquatic cocoon during the Discovery of the Sea welcome ritual, brush cleanse and exfoliation, followed by an expert anti-ageing massage to lift the features. A super-lifting mask is then applied to visibly lift and contour the face and neck and fill deeper wrinkles after just one treatment.

Exception Marine Redensifying Treatment

This "manual facelift" treatment targets and tightens individual facial muscles and visibly lifts the entire face. Following a unique brush cleanse and exfoliation, Thalgo's exclusive EnergiLift Massage corrects loss of firmness and volume on the face, neck, décolleté and hands through deep, rhythmic movements to re-oxygenate the skin. A face mask and massage of the neck, décolleté and arms leave you feeling deeply relaxed, with visibly smoother and brighter skin.



Spa Body Treatments

3 Algae Back Ritual

Discover the incredible remineralising benefits of seaweed for problem skin. A welcome massage and body exfoliation relaxes and softens the skin, before Thalgo's patented natural marine algae wrap is applied to deeply cleanse, detoxify and smooth. Once removed, a refreshing seawater concentrate and a sebum-regulating concentrate are applied.

Cold Cream Marine Body Ritual

The ultimate nourishing body treatment, designed to restore comfort to dry and very dry skin, this ritual begins with a vigorous body exfoliation, deeply moisturising body envelopment to soothe the skin and restore a feeling of comfort. During the treatment, an Indian head massage aids deep relaxation

Mums to be

Incorporates a gentle pregnancy back massage to soothe tension, a facial massage to nourish and replenish the skin, with a relaxing hand massage and soothing foot massage to finish - Top to Toe Pampering!

Premier Beauty Indulgence

Relaxing aromatherapy or Swedish back, neck and shoulder massage, combined with a Thalgo radiance facial and finished with a taster treatment of either an Indian head massage or Reflexology, Pure bliss.

Lava Shell Experience

Feel the warmth of the tropics in the palm of your hand, with a Lava Shell Massage the world's first naturally self-heating massage tool. Choose from

- Colon Massage
- Back, Neck & Shoulder Massage
- Half Body
- Full Body Massage
- Premier Lava Shell Combo
- Therma Bliss Facial
- Lava Mama



Therma Bliss facial



Lava Mama
(Mums to be)

Holistic Treatments

Reflexology

Holistic treatments work on the body through the reflexes of the feet, for improved well-being and energy.

Hopi Ear Candling

Is a pleasant and non-invasive treatment of the ear, used to treat a variety of conditions. The ear candle acts as a gentle vacuum and you will feel a warm, revitalising heat upon the head and ears, which soothes, relieves and relaxes.

May Help with:

- Excessive or compacted wax in ears
- Irritation in ears / sinuses
- Noise in the ears, ringing or tinnitus may be reduced
- Relaxes, calms and relieves stress





Massage

Indian Head Massage

Ideal for stress, tension, headache relief and promotes hair growth and improves hair condition.

Aromatherapy or Swedish Massage

Using essential oils and powerful techniques, this massage activates circulation, detoxifies and improves the nervous system. This treatment also relieves stress and tension, while aiding relaxation.

- **Aromatherapy** - A lighter touch, aids deep relaxation, using aromatherapy oils.
- **Swedish** - Deeper, firmer movements, ideal for pain relief or for those who prefer a firmer touch.

- Back, Neck & Shoulders

- 1/2 Body

- Full Body

- Top to Toe (1hr 25mins)

- 2 hour Luxury Top to Toe

New Booking Policy

TO ALL CLIENTS -

To prevent late appointment cancellations & 'no shows' a **non-refundable booking fee of 50%** is now required, to secure all appointments.

Appointments can however still be changed or moved, without cost or loss of booking fee, **If no less than 48 hours' notice is given.**

For all treatments a minimum 48 hours booking policy notice is now required.

In instances where less than 24 hours booking amendment notice is provided, **the 50% booking fee unfortunately cannot be refunded.** In cases of appointment 'no - shows' without any booking amendment notice, **a charge of 100% is applicable** to cover lost revenue incurred. This charge must be paid in full before any future appointments, can be booked.

For 'No Shows' or for cancellations with less than 24 hours' notice provided, a 100% charge applies for the original planned treatment, at all times.

I apologise to all clients for having to implement this new booking policy, however, it is affecting my ability to run Premier Beauty and inconveniences potential clients, who miss out on valuable appointment slots. While I am mindful and empathetic that things change and appointments can't always be fulfilled, I can no longer absorb this cost and a small booking fee contribution will assist me in ensuring you continue to receive the very best service, products and treatments on the market.

THANK YOU

For your continued support, I look forward to being of service to you, long into the future!

Gift Vouchers Available

PURCHASE ONLINE, IN SALON OR BY POST.



www.premierbeauty.biz

The perfect gifts for your loved ones.

Buy today and treat them to a
wide range of treatments!

(Valid for 3 months from date of purchase)

Opening Hours

Monday:	11am - 7pm
Tuesday:	9am - 4pm (By App Only)
Wednesday:	CLOSED
Thursday:	11am - 7pm
Friday:	9am - 3pm
Saturday:	10am - 4pm
Sunday:	CLOSED

FREE ON-SITE PARKING AVAILABLE

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